

Debt Advice for Anxiety Sufferers

06/06/2013

0 Comments

<http://www.moneysavingexpert.com/redir/3794a432>

Martin Lewis (Money Savings Expert) & Mind have released their 2013 Guide to Mental Health and Debt. Well worth a read if you are struggling. Click [Anxiety and Debt](#) for pdf version.

I can also recommended [My Money Steps](#) which is part of [National Debtline](#). This is all truly independent and no fees! I have used them for a senior family member and sorted out her credit card and loan problems very easily.

My Anxiety

6th June 2013